

Health and Fitness Word Search

Write the words from the word bank under the correct pictures and then find them in the grid below.

Word Bank

chin-ups
stretch

sit-ups
jog

push-ups
jump rope

jumping jacks
lift weights





W	G	J	P	U	S	H	U	P	S	H	N	J	M	C	I	N	L
E	X	C	U	R	R	G	Q	C	C	M	F	A	O	X	G	D	I
P	Y	H	E	M	T	A	U	T	Z	R	R	B	S	G	R	G	F
W	E	I	B	Z	P	C	E	R	X	U	F	P	K	K	J	L	T
H	F	N	G	F	V	R	R	J	A	W	U	U	W	W	C	R	W
G	X	U	S	E	T	B	O	G	F	T	S	R	N	A	A	J	E
X	I	P	Y	S	T	P	U	P	I	Q	D	B	N	W	H	Z	I
U	X	S	A	F	I	V	M	S	E	W	X	W	F	R	Y	R	G
Z	N	E	U	R	B	L	J	Y	Q	K	Z	X	Y	T	Q	U	H
J	W	X	X	J	U	M	P	I	N	G	J	A	C	K	S	P	T
H	V	D	O	S	C	M	S	Q	W	T	F	G	L	U	H	W	S